

Sarah E. Stumbar MD '12, MPH

2020 Renaissance School of Medicine Outstanding Recent Graduate



Sarah E. Stumbar MD '12, MPH has been named the 2020 Renaissance School of Medicine Outstanding Recent Graduate. After earning her medical degree from Stony Brook University School of Medicine in 2012, Dr. Stumbar completed her residency in Social and Family Medicine at Montefiore Medicine Center in the Bronx, New York, with an interest in reproductive health care in the primary care setting. She is now serving as the Family Medicine Clerkship director and Assistant Dean for Clinical Education at Florida International University Herbert Wertheim College of Medicine (FIU HWCUM) in Miami. Dr. Stumbar has implemented several innovative curricula about primary care, social determinants of health, sexual health and reproductive health. Her work has been recognized at both the regional and national level, where she has published her scholarship in MedEdPortal, Family Medicine and Academic Medicine. She has also won the New Faculty Scholar Award from the Society of Teachers in Family Medicine and the 2018 Young Leader Award of the Florida Academic of Family Physicians.

Dr. Stumbar is committed to helping underserved communities, where she provides care to uninsured patients in a mobile health center. As a supporter of reproductive rights, Dr. Stumbar started a long-acting reversible contraception (LARC) clinic in the mobile health center and has raised funds to support this program. To provide additional care to uninsured patients, Dr. Stumbar also founded FIU HWCUM's Student Faculty Collaborative Clinic (SFCC), which sees patients in a free clinic setting on Saturdays and helps engage medical students in community-based leadership and health outreach programs. She has advocated for the rights of girls at the United Nations; for increased funding for global HIV programs on Capitol Hill; and for single-payer healthcare at the New York State Assembly. Dr. Stumbar is a prolific writer and has won awards for her poetry, and published multiple narrative essays and papers about her experiences. She has also won numerous awards for her commitment to community health and humanistic medicine.