

Laurence D. Higgins, MD '92, MBA

2020 Renaissance School of Medicine at Stony Brook Distinguished Alumnus



Laurence D. Higgins, MD '92, MBA has been named the 2020 Renaissance School of Medicine Distinguished Alumnus Award recipient. Dr. Higgins is the Vice President of Strategic Development at Arthrex, Inc., a global medical device company and leader in new product development and medical education in orthopedics. He is responsible for global corporate strategic development, enterprise-wide product management, leads M&A and strategic transactions, oversees clinical and outcomes research and continues to teach innovative techniques and design cutting edge products. He contributes to national and international strategic development, medical education, and health care administration relations among many other senior leadership responsibilities.

Dr. Larry Higgins is a double alumnus, earning his Bachelor of Science in Biochemistry at Stony Brook University in 1987, his Master of Science in Physiology from Georgetown University, and medical degree with Distinction in Research from the Renaissance School of Medicine in 1992. He completed his orthopedic residency at The Hospital for Special Surgery in New York, NY. Following his residency, he went on to train as a sports medicine and shoulder surgery fellow at The Center for Sports Medicine, University of Pittsburgh Medical Center in Pittsburgh, PA. From 1998 to 2005 Dr. Higgins was a member of the faculty at Duke Medical school and ascended to the position of Head of Sports Medicine and team physician. He was privileged to care for the 2001 National Championship basketball team. While at Duke, he founded the Centers for Excellence in Surgical Outcomes and demonstrated his long-term interest in outcomes research. Dr. Higgins also provided consultancy for the National Hockey League as well as the National Basketball Association.

From 2005 – 2018, Dr. Higgins served as the Chief of the Brigham & Women's Hospital Sports Medicine and Shoulder Service in the Department of Orthopedic Surgery in Boston, MA. During this time, he developed a world-class and internationally renowned clinical care and subspecialty training programs and served as an associate professor at Harvard Medical School and the combined Harvard Orthopaedic Residency program. Dr. Higgins has authored over 200 peer-reviewed publications and chapters and has led both prospective and retrospective clinical studies in orthopedics and value driven health care delivery. Compelled to expand his impact on value driven care and outcomes research, Dr. Higgins received his MBA from the Sloan School of Management at MIT and lectured at Harvard Business School.

Dr. Higgins is also the co-founder of PT Genie; a digital healthcare company that allows for in-clinic and remote physical therapy and keeps patients connected with their providers to drive improved outcomes and enhance compliance.

Dr. Higgins' passion for medicine and caring for patients persists. As such, he travels to Bermuda on a regular basis to see patients and perform surgeries.

Dr. Larry Higgins resides in Naples, FL and Brookline, MA. His wife, Ania Kowalik, MD '91, is also a Stony Brook School of Medicine alumnus and is a specialist in fertility and reproductive medicine. They have two children, Samantha and Sean.