Monday, May 10, 2018

Spring 2018 Graduate Issue

### Welcome, Stony Brook Class of 2018 to the Stony Brook Alumni Network!

Are you just about to graduate and trying to figure out what to do next? Do you want to know what resources will be available to you after you graduate? Are you trying to figure out how "adulting" works?

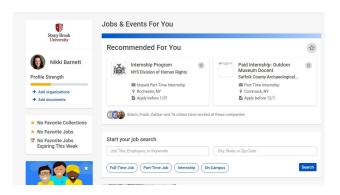
In this publication you will find: (1) handpicked recorded webinars to help you in your career transition, (2) resources that you can access as a recent Stony Brook alum, and (3) ways to get involved after you graduate! To access more alumni-related career resources, we welcome you to browse the <u>Alumni Career Services website</u>.

### ALUMNI EMAIL FOR LIFE & HANDSHAKE

Sign-up for your alumni Email for Life email address.

HANDSHAKE - Please note: Your undergraduate email address will expire within 6 months, after graduation. In order for you to not lose access to your account, click here to give us your updated personal email.

ii handshake Help Center



### LIFETIME CAREER COACHING

We offer in-person, Google Hangout and/or phone appointments to help you define a career path, research career options, conduct mock interviews, review resume and cover letters, and begin a job search or target employers in a specific industry.

Do you have a quick question about your resume or cover letter? Feel stuck or need some motivation to get back on track with your job search?

Select Thursdays from 11:30am - 1:00pm, connect with the <u>alumni career counselor</u> to ask your career and/or professional development questions via Google Hangouts This virtual chat lasts 15-20 minutes. Check Handshake.







### **ALUMNI CAREER PROGRAMMING**



# **WorkSmart Salary Negotiation**

Monday, May 21 | 1:00pm -3:00pm

AAUW Work Smart is designed to help you negotiate for a new job, raise, or promotion. In every two-hour workshop you'll gain confidence in your negotiation style through facilitated discussion and role-play and learn

# **Recent Graduate Career Retreat**

Thursday, May 24th | 9:00AM-12:30PM

This half-day retreat is meant for recent graduates are transitioning to the world of work. Alumni who attend this retreat will be provided with the foundational tools needed to create a job search action plan for their first job after graduation.



### WHAT ARE OTHER ALUMNI UP TO?

Mallory is an Administrative Business Partner for Ads Quality at Google. She has worked as an associate for the CEO of Henry Schein, strategy intern, marketing coordinator, co-hosted events raising breast health awareness. ...

Mallory Rothstein '15 - Where Is She Now?

# STONY BROOK UNIVERSITY CAREER CENTER

### YOUR CAREER MATTERS

Check out the SB Matters - Careers page for articles alumni career profiles and advice!



### **Your Career Matters: Networking Myths Debunked**

Since roughly 85 percent of jobs are obtained through personal contacts, more time should be spent on crafting the core messages you'd like to send to your network, while building and maintaining authentic relationships. If you've convinced yourself that networking isn't for you, maybe it's because you feel uncomfortable meeting new people or it's not natural for you. That's not a problem: we've pulled together 3 networking myths that often limit career growth, and debunk common misconceptions to help you benefit the most from this powerful technique...

Nikki Barnet, Assistant Director of Alumni Career Services '01, '03

# STONY Matters News for Alumni & Friends





Sign-up through this reference link to get the intelligence you need to build the careers you want, read reviews on companies you're interested in, and engage with top employers!

## **Are LinkedIn Recommendations Important? Here's What 10 Hiring Managers Say**

We live in a hyperconnected world in which many people are getting jobs based on word-of-mouth recommendations and connections; someone always knows someone who knows someone with whom a job seeker could connect via some form of social media.

### LOOKING FOR JOBS?

How many active full-time jobs for ALUMNI are on Handshake? 3,376

How many ACTIVE alumni users do we have? 2,684

Select Jobs on Handshake for Alumni			
Title	Employer	Location	Prior Experience Needed?
Career Events Specialist	Northeastern State University	Tahlequah, OK	Bachelor's Degree
Medical Laboratory Supervisor	North Carolina State Laboratory of Public Health	Raleigh, NC	Bachelor's and 1 year of experience
Sales Representative	Booker Software	New York, NY	Bachelor's and 1 year of experience
<u>Network Engineer</u>	Oxford Solutions	Pittsburgh, PA	Bachelor's and 1 year of experience

